



Amy Powers Ballou

JUL 4, 1959 - OCT 25, 2024



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Table of Contents

Obituary	Page 3
Tribute Wall	Page 4



Amy Powers Ballou

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Amy Powers Ballou was born on the 4th of July 1959, in Hollis, NH. Amy's parents were Frank and Nancy Ballou; she was the youngest of six siblings, Sandra, Susan, Sarah, Jennifer, and Steven. Amy passed away after an unexpected illness on October 25, 2024.

Amy's first love was the ocean, and after graduating from high school, she moved to Martha's Vineyard, Massachusetts, where she lived for eight years. Eventually, the desire to do more for others, she became a Registered Nurse through the Community College system of New Hampshire while working as a caretaker for an elderly person.

Amy, always a born traveler, signed up with a Travel Nurse Program, and was assigned ninety-day assignments in several cities. She found the city she loved the most was San Diego, where our uncle, Donald Ballou, lived, and the two became lifelong 'pals.' Amy returned to Boston, applied, and was accepted to the nursing practitioner program at Northeastern University while working in local hospitals. With a degree in hand, Amy moved to Cape Cod, where she worked as a nurse practitioner with a mental health center treating children, until she transitioned to Florida to be with her partner, Eric. After they both retired from nursing in the Tampa area, they moved to Delaware with their beloved dog, Lucy. Of the many things that Amy will be missed for, the greatest will be the gift of her special laugh.

Please sign the virtual guestbook located on the tribute page.



Tribute Wall

Amy Powers Ballou

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AL

Alice posted:

Hi, I know this is strange but I recently went to goodwill and found a ton of letters that Amy had sent/received. I wanted to reach out because my friends and I found them very sweet and thought you would enjoy reading them! I hope someone sees this!

March 2 at 6:30 PM

JA

Jennifer Angell lit a candle in honor of Amy.



November 13 at 1:55 PM

AL

Alice March 2 at 6:29 PM

Hi, I know this is strange but I recently went to goodwill and found a ton of letters between you and Amy as well as other letters that Amy had sent/received. I wanted to reach out because we found them very sweet and thought you would enjoy reading them!

JA

Jennifer Angell November 13 at 2:05 PM

As mentioned in Amy's obituary, "the desire to do more for others" was her motivation and her reward. She was a good listener, empathetic and fiercely loyal to anyone fortunate enough to be her friend. Amy always ended her messages with a ❤️ or a ☺️ so here's one for you, dear friend.

KA

Kimberly Angell posted:

Amy was my best friend from the time we were 14 - we were inseparable. Our adult lives criss crossed over the next 50 years in so many ways but she was always my bestie - no matter what. I miss her everyday and would love to know of any plans to celebrate her life. Kim

November 13 at 11:06 AM

AL

Alice March 2 at 6:29 PM

Hi, I know this is strange but I recently went to goodwill and found a ton of letters between you and Amy as well as other letters that Amy had sent/received. I wanted to reach out because we found them very sweet and thought you would enjoy reading them!



Memories only last if you share them

Join us in honoring Amy by contributing to a collection of shared memories.



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